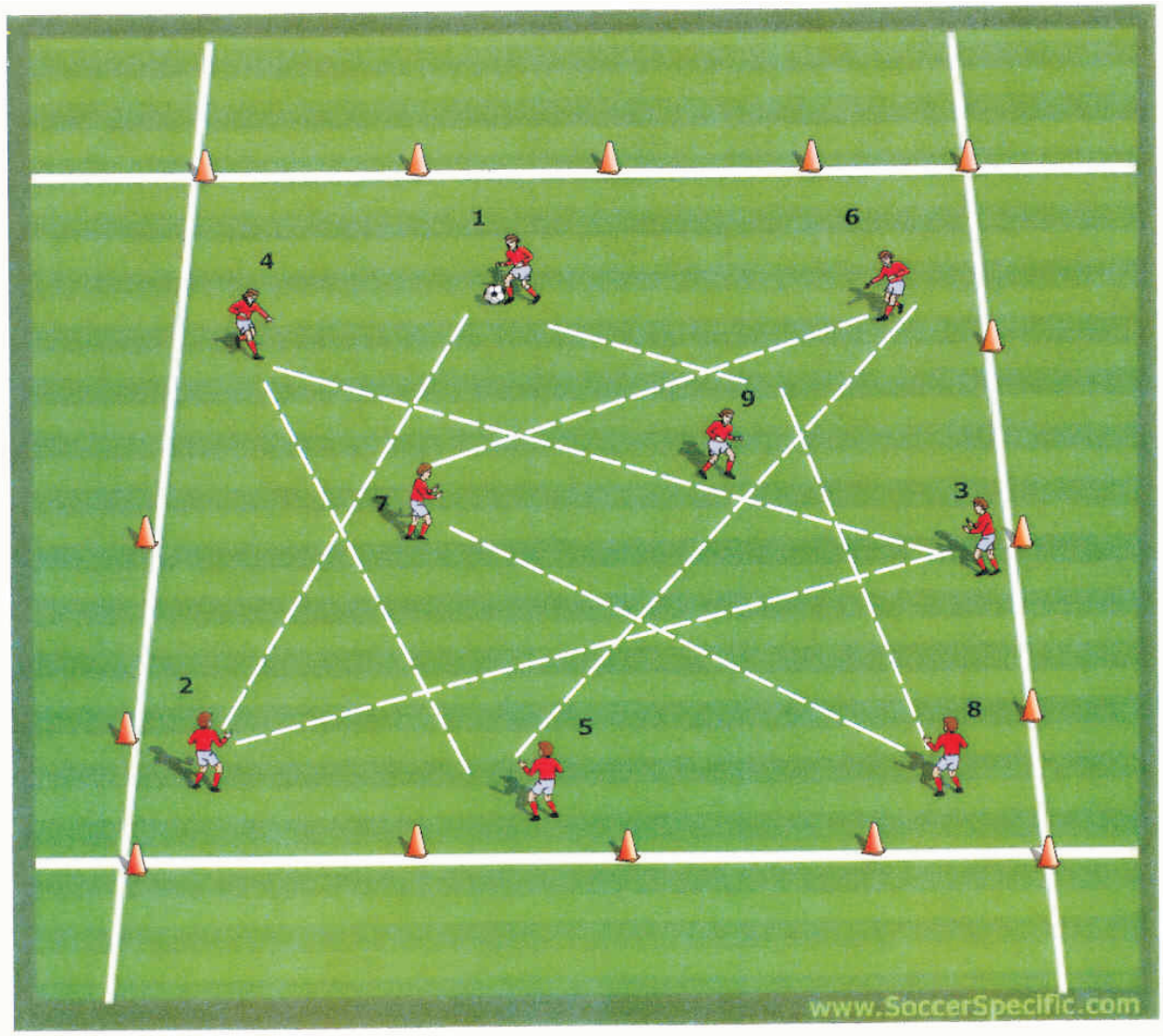


Passing 2



Purpose: Encouraging passing and movement

Organization

1. Nine players placed in a grid 30x30
2. Each player is given a number 1-9
3. The players must pass in sequence, #1 plays the ball to #2, #2 to #3 etc.
4. When they have played the ball to the next #, the player who played the pass runs around a cone and back into a different part of the grid

Progression

1. Add a second ball
2. Add a third ball

Coaching Points

1. Happy feet
2. Receive the ball sideways on
3. Good first touch out of your feet and ready to play
4. Good weight on the pass to make it easier for the next player